



Do You know that God has specially trained a dream team that is anointed to help you succeed in life?

Pitstop "Pausing to Let God and Others Help you Grow"

2020, February

By, Dr. Sharon Mancha

Getting closer to God is an intentional choice that directly affects our quality of life. When we consider that God is all knowing, all powerful and is everywhere at the same time, it is crucial to be connected to him so that we can live in perfect harmony with him. He is calling us to live at his heart. We are to learn to be open our minds and hearts to the move of God in our lives. He has perfectly anointed people in your Christian circle to help you learn how to walk with him, stay encouraged and to enjoy a lifestyle of prayer, getting to know God through your Bible, pastoral teaching and the five-fold ministry. These simple truths help us to get a better understanding of who God is, who we need to become in relationship with him, as well as why it is so crucial to have a lifestyle practice of dependence on him. We need God and those he has chosen to partner our lives to help us while he we learn to walk closely with him.

There will be times in life when you are at a crossroad and lack the ability within yourself to overcome the challenges. These are the intersections in life where God patiently waits for you to choose to turn in to him for love and help to effectively get through the difficulty. In relationship with God, there is joy that offers strength, peace for mental stability, hope for tomorrow and a secure love that is unconditional. Learning to pitstop and pull over your mind and spirit and pause in God to hear his voice is necessary for gaining direction. It is in the moments of our events that we discover how active God is in our lives. God has resources to help us get through life without a bunch of bumps, bruises and emotional damage.

The Holy Spirit has trained and empowered a team of believers that the Bible calls the five-fold ministry. They are equipped to help you successfully grow in God. He expects us to lean on him and their giftedness for helping us succeed in a healthy interdependence. They are your pit-crew for life. Stopping and turning inward to hear God is powerful nutrition for the mind and spirit and the pitstop crew helps you to better come to know and understand God better, grow you up in spiritual life matters and in their partnership with the Holy Spirit, teach you how to be effective in ministry.

The issue is, are you able to humble yourself to pull in to the pitstop/church for help, allow them to know more than you, and take their spiritual and natural instruction.

Many people think that connecting with God for living a stronger and more empowered life requires time on their knees and away from everything. In reality, God's want to commune with you through the day. Though knee-time prayer is most powerful because it is a posture of humility and helps us to focus in on communing with God, spending quality heart time with God throughout the day is most effective for building intimacy with him. It is a powerful way for getting a right now answer in real time. When we allow God into our daily activities, he keeps us fueled and connected with him all day long.

Training your spirit and mind to go inside your heart for a pitstop with God or to attend regular Bible Study, regular church attendance, as well as joining an auxiliary in your local church family will set you up for the corporate blessing. When God led you to a particular church, he had in mind a connectedness that would help you grow, but growth is intentional. You must develop a hunger for more of God and understand all food does not directly flow from the mouth of God, but he uses others within your church community to assist you in walking with God. We need others our pitstop crew to learn how to become our best self in God, family, Church and community. In difficult life seasons, they are the ones that will be your most important relationship. Yes, God and your pitstop crew will be able to help you in ways no one else can even more than family in some circumstances. God seeks to dwell in our hearts and minds and spirits so that we can hear and be led by the Holy Spirit and to feel and experience his presence.

